



## SUNFLOWER WOODWORKERS' GUILD

Established 1991

# THE KNOT HOLE

"building of woodworking skills thru the sharing of knowledge"

THE NEXT MEETING **Tuesday, September 29** AT  
**Downtown Senior Center**

**VOLUME 25**

**ISSUE 9**

**Social Gathering @ 6:30 PM**  
**Meeting Starts @ 7:00 PM**

### **This months meeting**

The September program is a presentation by Larry Bakula (a new member) on the making of the chessboard/box he made and showed on the first night he was there.

### **From The President's Corner – September 2015**

From the President's Corner

Wow! I feel sorry for those who missed last month's meeting. My hat is off to Les Hastings for one of the most informative programs that I have had the pleasure to see. His willingness to share his knowledge is what our guild is all about. I can't wait to try Les's techniques. As summer comes to an end it's time to get back to the shop to get those Christmas projects done.

We are bringing Marc Adams to do a seminar the weekend before Thanksgiving. We'll have more information at the meeting.

### **Old Business and Regular Monthly Announcements**

Minutes for the Sunflower Woodworkers Guild  
August 25, 2015

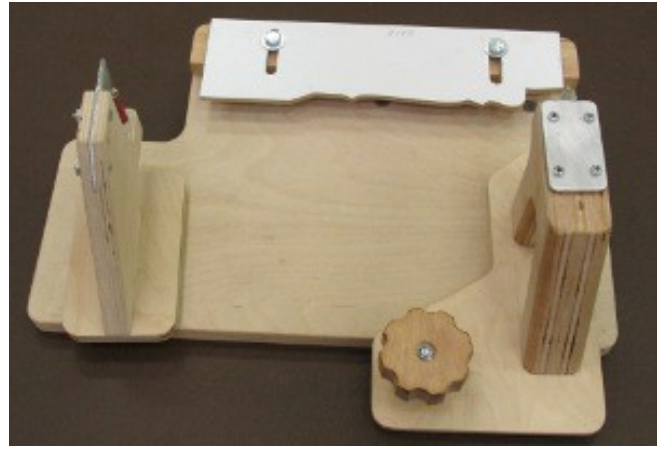
4-H youth and their parents were guests. These are the youth and parents that Clark Shultz worked with throughout the year. Each young person built a tote and then took it to the county fair. As members arrived they could see the projects and talk to the families. Clark opened the meeting by introducing each guest: Evan and Keith Snell with Rebecca, Jeff and Lynn Mork with Emily, Steve and Susie Klwismeyer with Abigail, Mike and Martha Hall with Benjamin, John and Shannon Bull with Camden and Rhyelan.





Burt then asked newcomers to stand and introduce themselves. The four guests were: Emery Arblus, Taylor Johnson, Jerry Brumett and Meral Leslie. Show and tell: Jim Huntley brought a stump of a tree and offered pieces from the tree for the taking.

Bill Tumbleson showed a duplicator that he made to use on his lathe. He also showed pictures of the Guild's past events that were used in Halstead.



Larry Roth showed a business card holder.



Bob Johnson showed a picture frame with inset corners.



Mike Hutton held up little decorative turned boxes from his most recent Mark Adams class.



Burt Unruh and Mike Hutton talked about MakeICT. The 1200sq.foot shop is nearly ready for work and classes. Many of our members have worked to create this space. It is located at 1400 E. Douglas. Mike said that the Knight Foundation was looking at the progress to possibly provide more grant money. Mike listed the requirement for working in the new shop:

1. Become a member at \$25.00 a month.
2. Help in the space, get it ready and keep it clean.
3. Take a SAFETY CLASS.
4. Work out access. Mike indicated that classes would be limited to five people and would be for beginners and intermediate woodworkers. The web site is [makeict.org](http://makeict.org).

Burt announced that on Saturday at Burt's Barn 2500 W. 15th will work with routers in the morning.

Clark talked about the September meeting and noted that the Big Tool sale is October 15, 16 and 17. We well put up our display on Saturday.

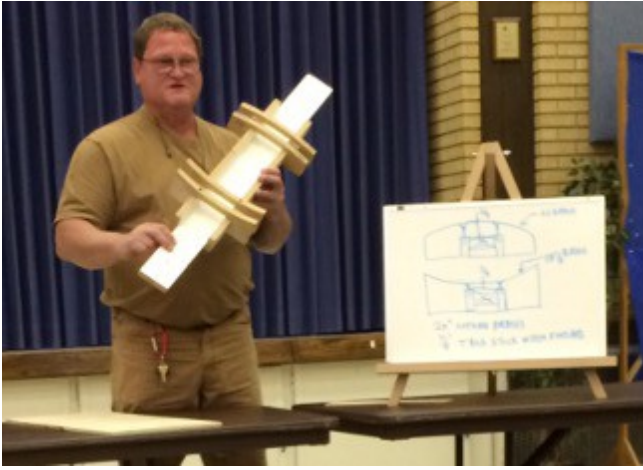
## **LES HASTING OFFERS A CLASS.**



This highly skilled craftsman is offering us a class in his shop. Class members will each build a beautiful table with banding and inlays. Les wants to start the first Saturday in October. It will take five to six sessions. He needs five people to make the class. The cost is \$350.00 for Les's time and use of his shop. Each person will provide their own lumber.

The program: "Curved Panel Doors" Les Hastings led us through the step by step process for making curved doors. He said that he has a plaque on his wall that challenges him every day: "When was the last time you did something for the first time?" This man loves what he does.





Submitted by John Rhoads

## **Burt's Barn**

Burt's Barn meeting is September 26, 2015, the Saturday after the general meeting, as usual. The "Barn" is located at 2506 W 15th N, Wichita in the back, at the North end of the drive on the East side of the house. It is air-conditioned!

This month we'll continue with routers. Especially router tables.

### **Format and Program**

For those new to the Guild, Burt's Barn is about hands-on learning. The morning session, 9 AM til Noon, is dedicated to the common project that each member makes. The afternoon, starting about 1:00 PM til 5:00 PM, is for problems solving, continuing to work on your project, or just talking shop. Problems we can help solve are how to set-up and use equipment, sharpening, and how to use hand tools. You name it, we'll help you figure it out. You do not need to attend both AM and PM sessions in order to participate.

Hope to see you at the Barn.

## **Woodworking Happiness**

"Why do you like woodworking?" This is a question I hear a lot, and I'm sure you get it, too. In response, I usually mumble something about how I like to work with my hands, or like the smell of wood, or the atmosphere in my shop. But I've never really been very happy with my answer.

Well, guess what? There are actual, clinically verifiable reasons why you and I like woodworking, according to University of Chicago psychologist Mihaly Csikszentmihalyi, and explained in his book, "Flow: The Psychology of the Optimal Experience."

See if these "elements of enjoyment" describe your woodworking "optimal" experience.

- 1) You like woodworking because it's a challenging task. It's not simple enough to get boring, and it's not complicated enough to create anxiety.
- 2) Merging of action and awareness. You're just in their doing it. You're not conscious of yourself standing in your shop "woodworking." You are simply a part of the process and the woodworking happens.
- 3) Clear goals. You know exactly what you want to build, how you want it to look. How many other things are this clear cut in your life?
- 4) Immediate feedback. You look at what you're doing and you know that it's right (or wrong), the joint fits or it doesn't.
- 5) High degree of concentration. You're absolutely into it. Most things that would distract you go unnoticed.
- 6) Altered sense of time. I'm not really aware of how much time has passed until my wife comes down to my shop and says, "Are you EVER coming up to dinner?"

There are other elements of optimal experience, and you don't have to experience all of them to

enjoy woodworking. And this sort of analysis can explain why you find happiness in other activities besides woodworking. But when I read this, I recognized something that I think applies to most woodworkers.

So the next time someone asks you why you like woodworking, you can say, "There are several reasons I like woodworking, six of them to be exact. First, it's a challenging task..."

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Woodworking Tips

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cabinet in my shop that was inspired by this book years ago and having read through this book again I am inspired to finish it!

Eric Lamp

## **Book review**

The Toolbox Book by Jim Tolpin. Donated by Guy Waldo.

I chose this book for September's review for two reasons. First this is a book that I checked out years ago from the Wichita public library and enjoyed immensely and secondly because the deadline for the book review snuck up on me this month.

In this book the author makes the connection between the tool boxes that we as woodworkers use and what they say about us as woodworkers. He then encourages each of us to design, build and utilize a handmade toolbox in our shops.

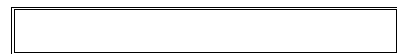
The chapters in this nearly 200 page book cover everything from the history of early American toolboxes to complex professional freestanding toolboxes. Of course, the H. O. Studley wall hung tool cabinet makes its appearance as well.

In addition to being well written the photographs and sketches are superb in short I would be surprised if anyone were to read this book and not be highly motivated to build some sort of tool cabinet or carrier. I have a wall hanging tool

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The Sunflower Woodworkers' Guild of Wichita Kansas publishes the Knot Hole newsletter monthly. Deadline for articles and information is the 2<sup>nd</sup> Monday of each month. Mailing date is the 3<sup>rd</sup> week of each month. Permission to reprint original material is granted to other woodworking groups, providing proper credit is given. *Articles attributed to publications other than the Knot Hole Newsletter should be used only with permission from that particular publication.* Send articles, photos and information to: Jerry Keen  
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Sunflower Woodworkers Guild membership is voluntary. Our paid dues list are consolidated after the June meeting, eliminating from that list all those who have not paid their 2015 dues. This list determines who gets the Knothole. New and previous members will need to submit new applications when joining.

Newsletter of the Sunflower Woodworkers Guild  
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